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## BEGIN EVERYDAY WITH A SMILE!

Volume 2, Issue 9, September 2021

### COULD THIS BE TRUE!

Who knows if it works...but it's another reason why not to get rid of pennies!!!

BEE STINGS - JONI

A couple of weeks ago, I was stung by both a bee and hornet while working in the garden.

My arm swelled up, so I went to the doctor. The clinic gave me cream and antihistamine. The next day the swelling was getting progressively worse, so I went to my regular doctor. The arm was infected and needed an antibiotic. The doctor told me - "The next time you get stung, put a penny on the bite for 15



minutes".

That night, my niece was stung by two bees. I looked at the bite and it had already started to swell. So, I taped a penny to her arm for 15 minutes. The next morning, there was no sign of a bite. We decided that she just wasn't allergic to the sting.

Soon, I was gardening outside. I got stung again, twice by a hornet on my left hand. I thought, here I go again to the doctor for another antibiotic. I promptly got my money out and taped two pennies to my bites, then sat and sulked for 15 minutes. The penny took the sting out of the bite immediately.

In the meantime, the hornets were



attacking, and my friend was stung on the thumb.

Again the penny. The next morning I could only see the spot where the hornet had stung me. No redness, no swelling. My friend's sting was the same; couldn't even tell where she had been stung. She got stung again a few days later up on her back - cutting the grass, and the penny worked once again.

We need to keep a stock of pennies on hand.

The doctor said that the copper in the penny counteracts the bite. It definitely works!



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# Chatterbox News

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LETTER FROM THE EDITOR: Hello everyone. By the time this issue gets to you, we'll be heading into the fall. As far as summer goes, so much opened up for all of us to begin living again. We met with friends and family and began enjoying music again.

I hope this issue finds all of you in a much better place than this time last year. What a difference a year makes. When I look back to where I was only one year ago! I've moved three times, my business went from in-person to online. Yes, I've gained about 5 pounds, but hey that's just wonderful. Until the next time, take care...keep smiling. Liz Underhill

## **The Kids CORNER**

# Tickle Your Funny Bone

Teacher: Name two days of the week that start with "t".

Pupil: Today and Tomorrow.

Teacher: Why is your homework in your father's handwriting?

Pupil: I used his pen!

Teacher: James, where is your homework?

James: I ate it.

Teacher: Why?

James: You said it was a piece of cake!

Teacher: Could you please pay a little attention?

Student: I'm paying as little attention as I can.

Today my teacher punished me for something I didn't do.

What was that?

My homework!

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# A Smile is Worth a 100 Words

## TIPS FOR HANDLING

### TELEMARKETERS

Three Little Words that Work!!!

1. The three little words are "Hold On, Please..." Saying this, while putting down your phone and walking off (instead of hanging up immediately) would make each telemarketing call so much more time-consuming that boiler room sales would grind to a halt. Then when you eventually hear the phone company's 'beep-beep-beep' tone, you know it's time to go back and hang up your

handset, which has efficiently completed its task.

2. Do you ever get those annoying phone calls with no one on the other end? This is a telemarketing technique where a machine makes phone calls and records the time of day when a person answers the phone. This technique is used to determine the best time of day for a 'real' salesperson to call back and get someone at home. What you can do after answering, if you notice there is no one there, is to immediately start hitting your # button on the phone, 6 or 7 times,

as quickly as possible. This confuses the machine that dialed the call and it kicks your number out of their system. Gosh, what a shame not to have your name in their system any longer!!

3. Junk Mail. When you get those 'pre-approved' letters in the mail for everything from credit cards to 2nd mortgages and similar type junk, do not throw away the return envelope. Put this and your other junk mail in this envelope and return it all in the free return envelopes •

Andy Rooney CBS Newman



**Soup ta Nuts**  
**Miss Klara**  
**Fall**  
**Fair**

Hi folks. Wasn't that a summer! Now we can look forward to the cooling breezes of fall, kids back to school, and London's Western Fair. I am still a little kid at heart. My favourite thing is going into the cattle barns. That smell reminds me of being on the farm. One good whiff, and the old scalp vibrates, great way to get your circulation going, and free too. Always looking for the freebies, I am.

Family tradition has it that every year we are hooked into taking the outlaws, Mother Mertle and Father Mortimer (Mertie and Mortie). They have no car and refuse to walk. I have threatened Clem many times to send them on a jet propelled trip. Oh, if they'd only bend over!

They don't like walking around the fair, and they don't like visiting the cattle barns. Mertie insists on sitting at the candy floss station the entire time. I offered to take the buggy for her, but she complained that the last time she rode in that, she got a blister on her butt from all the bumping and grinding. She can't walk much, she has ingrown toenails, or so she says. I have been tempted to stomp on them a couple of times, but I am such a patient, forgiving gal, and besides, I don't think she'd believe me when I told her the devil made me do it.

I just wish once Clem and I could go and have some fun. Last year Mortie rode that swinging ship. I just loved it. I thought with any luck on the downswing he might get caught in the mast and forever hoist the sail up his shirt. Ha, ha, you thought I was going to say something else, eh?

My prayers were answered, but in a

different way. I thought I could hear him yelling something and when I looked his way, there was his mouth frozen open - in a scream, I think. Reminded me of poor crabby dog when he got into some chicken in the garbage and got the scoots. The ride finally stopped and everyone got off, that is except Mortie.

I found Mertie candy flossing and dragged her over to the ride. It took all three of us to unglue Mortie's fingers from that rod thing in front. Clem lifted Mortie out of the seat and onto solid ground. Needless to say, that was the end of the fair for us. Mortie was so sick, he insisted on going home, or so he gestured by stamping his feet, no sounds coming out of his frozen face. Mertie said she was full of floss and she was ready to go as there was nothing else for them to do.

Before we left, I purchased my beer nuts and Clem bought his candy apples. I decided that at least I wouldn't have to do without my yearly beer nuts. I could almost feel the crunch and the sweet taste of the coating. I couldn't wait to dive into them when I got home.

Out of politeness, I thought it only proper to offer some to the outlaws, thinking that after that experience with the ride, and being flossed, neither one would be hungry, and Clem knew better than to touch one tiny nut.

By the time we dropped those outlaws off and arrived home, they had polished off my beer nuts, and Clem had chipped his false teeth on his candy apple. I do hope this year is better. Mertie called last night to see what night we were picking them up. She said they couldn't wait. Give me strength! Ms. Klara

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# Believe It or Not

## MAN SLEPT NEXT TO DEAD WIFE FOR 5 YEARS!

For the past five years, Le Van from Vietnam has slept next to his wife...his dead wife. After she died in 2003, he missed her so much, he would sleep on her grave site. A year later, he dug a tunnel next to the grave so he could sleep beside her. His neighbours became concerned and called the police. In a desperate act, Van dug up his wife's corpse and brought it home. This is when he molded it with clay so he could sleep next to her.

### Oliver's Tips

- 1** Since Bounce is designed to help eliminate static-cling, wipe your television screen with a used sheet of Bounce to keep dust from resettling.
- 2** Prevent musty suitcases. Place an individual sheet of Bounce inside empty luggage before storing.
- 3** To freshen the air in your car - place a sheet of Bounce under the front seat.
- 4** Clean baked-on foods from a cooking pan. Put a sheet in a pan, fill with water, let sit overnight, and sponge clean. The anti-static agent apparently weakens the bond between the food and the pan.
- 5** Eliminate static electricity from venetian blinds. Wipe the blinds with a sheet of Bounce to prevent dust from resettling.
- 6** Wipe up sawdust from drilling or sand papering. A used sheet of Bounce will collect sawdust like a tack cloth.

## For Your Health

### DAIRY CONSUMPTION MAY REDUCE COLON CANCER RISK

Dr. Donna Sykes, BSC DC,

Drinking milk may reduce the rise of colon cancer, according to new research published in the *Journal of the National Cancer Institute*.

Researchers studied the dairy eating habits of some 500,000 people by pooling the raw survey data from 10 different studies, assessing only the information on daily intake of milk, cheese, yogurt, and calcium supplements, as well as long-term colorectal cancer diagnoses.

Researchers found those who drank at least one 7.5 ounce glass of milk per day had a 15% risk reduction in getting colorectal cancer than those who drank even less milk per day.

Overall calcium consumption was also linked to a decreased risk of cancer.

Colon cancer is the third most common cancer in the world with nearly one million new diagnoses each year.

Previous research has hinted toward a connection between calcium and reduced cancer risk.

## pet Peeves

Do you have Pet Peeves?

Send your pet peeves to:

[liz@lizunderhill.com](mailto:liz@lizunderhill.com). You can remain anonymous if that is your wish.

Getting disconnected after I have been on hold with what seems like FOREVER. Then I have to go through the whole phone dance again. Punch this number for one thing and that number for another, and then, when I finally get a live voice, the person on the other end can hardly understand me, and when I yell, trying to make them understand, I hear CLICK and I am disconnected again. CA

People who let their kids scream and run around in stores and restaurants. S.C

People who don't have to pay for cat licenses, and can let their cats stray anywhere on the planet, while I have to have my dog tagged and licensed, and when off of my property, I have to have him leashed. AU

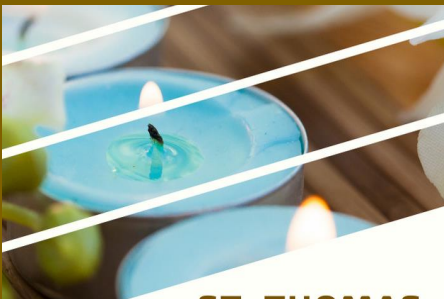
I like to look at the expiration date on packages and I have to use a magnifying glass to find them, they are so small. I sometimes wonder if the product is so old, they are hoping no one will notice. MS

My pet peeve is when I am calling a business and someone says press 1 for English. For heaven's sake, why don't they say press 1 for French. This is an English-speaking province. I realize that we have French-speaking citizens in Ontario, but gee, let their fingers do the walking through the numbers for a change. HG

How is it that we put a man on the moon before we figures out it would be a good idea to put wheels on luggage?

If a deaf person has to go to court, is it still called a hearing?





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Why is 'bra' singular and 'panties' plural?

If the professor on Gilligan's Island can make a radio out of a coconut, why can't he fix a hole in a boat?

If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?

If electricity comes from electrons, does morality come from morons?

## CHURCH BULLETINS

Scouts are saving aluminum cans, bottles and other items to be recycled. Proceeds will be used to cripple children.

Please place your donation in the envelope along with the deceased person you want remembered.

The church will host an evening of fine dining, super entertainment and gracious hostility.

The ladies of the Church have cast off clothing of every king. They may be seen in the basement on Friday afternoon.

This evening at 7pm there will be a hymn singing in the park across from the Church. Bring a blanket and be prepared to sing.

Ladies' Bible Study will be held Thursday morning at 10am. All ladies are invited to lunch in the Fellowship Hall after the B.S. is done.

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### **\*POOF\*! and the light goes off**

A 66-year-old man goes for a physical. All of his tests come back with normal results. The doctor says, "Gary, everything looks great. How are you doing mentally and emotionally? Are you at peace with God?"

Gary replies, "God and I are tight. He knows I have poor eyesight, so he's fixed it for when I get up in the middle of the night to go to the bathroom. \*poof\*!, the light goes on. When I'm done, \*poof\*!, the light goes off."

"Wow, that's incredible," the doctor says.

A little later in the day, the doctor calls Gary's wife. "Marianne," he says, "Gary is doing fine but I had to call you because I'm in awe of his relationship with God. Is it true that he gets up during the night and \*poof\*!, the light goes on in the bathroom, and when he's done, \*poof\*!, the light goes off?"

"OH MY GOD!", Marianne exclaims.  
"He's peeing in the fridge again!!!!"

## An Insight

I wanted to add this quote from inspiringandpositivequotes.com as I thought it was something that one could ponder on.

Sometimes you just have to turn the page to realize there's more to your book of life than the page you're stuck on. Stop being afraid to move on. Close this chapter of hurt, and never re-read it.

It's time to get what your life deserves, and move on from the things that don't deserve you. Don't try to fix what's been broken in hour past, let your future create something better.

## Don't Mess With Sweet Old Grandmothers

A sweet grandmother telephoned St. Joseph's Hospital. She timidly asked, "Is it possible to speak to someone who can tell me how a patient is doing?"

The operator said, "I'll be glad to

help, dear. What's the name and room number of the patient?"

The grandmother in her weak, tremulous voice said, Norma Findlay, Room 302."

The operator replied, "Let me put you on hold while I check with the nurse's station for that room."

After a few minutes, the operator returned to the phone and said, "I have good news. Her nurse just told me that Norma is doing well. Her blood pressure is fine; her blood work just came back normal and her Physician, Dr. Cohen, has scheduled her to be discharged tomorrow." The grandmother said, "Thank you. That's wonderful. I was so worried. God bless you for the good News."

The operator replied, "You're more than welcome. Is Norma your daughter?"

The grandmother said, "No, I'm Norma Findlay in Room 302. No one tells me shit."

TRUE STORY

## BELIEVE IT OR NOT WHO SAID POETRY WAS BORING?

These are entries to a Washington Post competition asking for a two-line rhyme with the Most Romantic first line, and the Least Romantic second line

My darling, my lover, my beautiful wife  
Marrying you has screwed up my life.

I see your face when I am dreaming.  
That's why I always wake up  
screaming

Kind, intelligent, loving and hot  
This describes everything you are not.

I thought that I could love no other  
That is, until I met your brother.

Rose are red, violets are blue, sugar is  
sweet, and so are you..  
But the roses are wilting,  
the violets are dead, the sugar bowl's  
empty and so is your head.

I love your smile, your face,  
and your eyes  
Darn, I'm good at telling lies.

My love, you take my breath away  
What have you stepped in to smell this  
way?

I want to feel your sweet embrace,  
But don't take that paper bag off your  
face.

What inspired this amorous rhyme?  
Two parts vodka, one part lime.

**Weighting On You!**



**What's Eating You?**

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**IS YOUR WOODSTOVE SAFE?**

Inspect and clean your chimney regularly to prevent chimney fires.

Burn dry wood to reduce excessive creosote build-up.

Remove ashes safely only when cooled.





Hey. I got so many emails for my predictions last month that I thought I'd put my hand (crystal ball and all) to it again. Miss Klara

### September

If your birthday is this month, your sense of responsibility is acute due to the lock down you have been in. Now that you're free you can 1. Write on the sidewalk with any type of chalk or crayon. 2. You can do a hula dance in full view of the neighbours in your garage and 3. You can throw the mask in the air. Try seeing if you can get it into the recycle bin with one toss.

### ARIES - Mar. 21—Apr. 19

Have you thought about what you're going to do with your free time, now that you don't have to be on the nosy patrol, spying on your neighbours, to make sure they're following all the protocols of Covid.

### TAURUS - Apr. 20—May 20

My, my. I see during this time of lock down, you only charged into your own liquor cabinet. Now that you say you have your shots, are you again acting

like a bull in China shop when you visit with friends and raiding their liquor cabinet?

### GEMINI - May 21-June 20

.If you want to be financially successful, put your two Gemini heads together and work out solution. You must both agree for it to work. No arguing now. Only peace.

### CANCER - June 21—July 22

Since the lock down, you have become a wee bit lazy. Now you have to get your mojo back and get busy and get your projects done. I suggest you get a pair of roller skates to move your snail-pace along.

### LEO - July 23—Aug. 22

Well now, might I suggest that you look up the description for a lion, so you can practice to get back to snuff. I think your memory has slipped and you seem to personify an old person shuffling from foot to foot. Time to roar again.

### VIRGO - Aug. 23—Sept. 22

Hopefully you pay heed to this message. Why just the other day, you missed a \$20 dollar bill lying on the ground while you were scurrying around in the frig looking for the piece of chocolate you hid while you in quarantine. The message is. Get out of the frig and scurry around on the ground. You never know what awaiting you.

### LIBRA - Sept. 23—Oct. 22

Take the high road when trying to settle a dispute. After all, you're always running from trouble and you might as well be high when you're doing it.

### SCORPIO—Oct. 23—Nov. 21

If your marriage is on the rocks. Try planting little seeds of flowers in between. This thoughtfulness of yours will surely squeeze out the weeds of despair and your mate will be so happy, he/she will forget you're drinking far too much.

### SAGITARIUS - Nov. 22—Dec. 21

Get your affairs in order, I don't mean financial either. Do it quickly as your spouse is on to you. If you're caught red-handed, you have no alternative but to declare incompetence and hope the courts aren't too hard on the money you have to fork over to your victim of a spouse.

### CAPRICORN - Dec. 22—Jan. 19

A reminder for you to get your dentures re-lined soon or get some glue-down real fast as the last time you were in a shout-out with your neighbour your choppers almost flew out and clipped him on the nose. If that had happened you would be charged with chopper abuse.

### AQUARIUS - Jan. 20—Feb. 18

You were born into the cold months of the north. But it doesn't mean you need to have a sharp cold attitude with those that love you. Get the fires burning again to melt that cold wall you've built around yourself.

### PICES - FEB. 19—Mar. 20

It seems to me that you have a chip on your shoulder. You are still arguing with your neighbours. If you are tired of doing that, just keep smiling when you're in contact. There is nothing that will make another smile and move to the rear than a toothless grin shoved close to their face.



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