

May 2025 Issue



Lighten Up Chatterbox

SOUP TA

NUTS

Fish Baiting Instructions

COULD THIS

BE TRUE?

Celibacy



Begin Every Day With a Smile

Lighten Up

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From The Editor: I have decided to revive Lighten Up. My decision came from all the chaos and uncertainty out there and I felt we could all use a wee smile or two each month. Yes, for the time being, it will be published monthly.

In order to do my part for Canadian Business, I have decided to offer advertising spaces for Free. So, if you have or know someone who has a business in Canada, please have them contact me by Phone/Text: 519-520-2922 or Email: liz@lizunderhill.com.

I think we have finally emerged from shoveling and soon the cold will be gone too. I guess we should all be thankful that we are standing above the ground.

I hope this finds you all well and smiling and that for those of you that are interested in planting, perhaps you have seen a wee bit of life poke it's head out of the ground. Take care...keep smiling. Until the next time. Liz Underhill

What is Celibacy?

Celibacy can be a choice in life, or a condition imposed by circumstances.

While attending a Marriage Weekend, my wife and I listened to the instructor declare "It is essential that husbands and wives know the things that are important to each other."

He then addressed the men, "Can you name your wife's favourite flower?"

I leaned over, touched my wife's hand gently, and whispered, "Robin Hood-All-Purpose, isn't it?"

And thus began my life of celibacy.

How Smart Is Your Right Foot? Or how weird is your brain??

This is hysterical. You have to try this. It is absolutely true. I guess there are some that have weird brains?

HOW SMART IS YOUR RIGHT FOOT?

You have to try this please, it takes two seconds. I could not believe this!!! It is from an orthopaedic surgeon...This will boggle your mind and it will keep you trying over and over again to see if you can outsmart your foot, but, you can't. It's pre-programmed in your brain!

1). Without anyone watching you (they will think you are GOOFY...) and while sitting at your desk in front of your computer, lift your right foot off the floor and make clockwise circles.

2). Now, while doing this, draw the number '6' in the air with your right hand.

Your foot will change direction.


I told you so!!!

And there's nothing you can do about it! You and I both know how stupid it is, but before the day is done you are going to try it again, if you've not already done so.

Editor's Note: I published this earlier, but loved it so much, I thought I'd come back to see if you were still doing it.

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An old Woman was asked, "At your ripe age, what would you prefer to get : Parkinsons or Alzheimers?"
The wise one answered, "Definitely Parkinsons - Better to spill half my wine than to forget where I keep the bottle."

How to liven up your idle hours!

To Maintain A Healthy Level Of Insanity

1. At lunch Time, sit in your parked car with sunglasses on and point a hair dryer at passing cars...watch 'em slow down!
2. On all your cheque stubs, write 'For Marijuana!'
3. Skip down the street rather than walk and see how many looks you get.
4. Order a diet water whenever you go out to eat, with a serious face.
5. Sing along at the opera.
6. When the money comes out of the ATM, scream 'I Won! I Won!'
7. When leaving the zoo, start running towards the car park yelling 'Run for your lives! They're loose!'
8. Tell Your Children over dinner: "Due to the economy, we are going to have to let one of you go."

4 Worms In Church

Four worms and a lesson to be learned!!!!

A minister decided that a visual demonstration would add emphasis to his Sunday sermon.

Four worms were placed into four separate jars. The first worm was put into a container of alcohol. The second worm was put into a container of cigarette smoke. The third worm was put into a container of chocolate syrup. The fourth worm was put into a container of good clean soil.

At the conclusion of the sermon, the Minister reported the following results: The first worm in alcohol . . . Dead. The second worm in cigarette smoke . . . Dead. Third worm in chocolate syrup . . . Dead. Fourth worm in good clean soil . . . Alive

So the Minister asked the congregation, "What did you learn from

this demonstration?"

Olive was sitting in the back, quickly raised her hand and said . . .
"As long as you drink, smoke and eat chocolate, you won't have worms!"



Quotable Quotes

Whatever you may look like, marry a man your own age. As your beauty fades, so will his eyesight.

Phyllis Diller

Housework can't kill you, but why take a chance? *Phyllis Diller*

I want my children to have all the things I couldn't afford.

Then I want to move in with them.

Phyllis Diller



"Soup ta Nuts"

Fish Baiting Season

Hi Folks. I did this before but since I have had this fish-baiting instruction column requested so many times and I sure do know there are many newbie fishers out there, I couldn't resist and you know how I like to educate folks about life..

Spring is here! Fishing time! My Clem and I were out for a Sunday drive, and there were all the fishing wannabees, with poles lying on the dock, string in the water, and sipping on something from a bottle, and that bottle didn't look like pop.

I watched to see my first fish captured for this year, but no such luck. The only thing caught, I am thinking is a good hard snag of the blues.

I saw men gesturing, with wide sweeps of their arms, like the big one just got away. I was about to yell at them, and lecture about telling the truth, that the squiggly thing in the water was only their dilapidated worm. Clem clamped on to my arm and told me to leave them alone and let them have their fun. He said that sometimes that was all a man had was his wishful dreams.

It got me to thinking, perhaps they don't know how to fish properly. Maybe it is the bait they use and not that the fish just aren't biting, or got away.

I have fished for many a year, so I thought I'd give some fish baiting instructions in the hopes that the next time old Clem and myself go on our travels we will get to see the one that didn't get away. By the way, when you do catch a fish, please give me all the credit. Thank you.

Here goes:

1. Decide if you want to bait with

worms or minnows.

2. Purchase the desired bait, if you don't like playing in the dirt, or can't catch those slimy little boogers.

3. Imagine what fancy, colourful thing dancing by you in the water, would make you flip your gills with the wanting of it, then choose a hook with gizmo like that on it.

4. Perhaps you might want to purchase a bobber; those red and white balls attached to the string that the hook is attached to. That way you can get clued in when you have a bite, before the darn fish whips the entire pole out of your hand when he/she torpedoes away with your bait.

5. Now you have to bait the hook. If you decide to use a minnow, you have to get the hook, and try to put it through the cute little nipper's lips. Make sure to hold tight because I don't imagine it will welcome that piercing feeling especially with no pain pills.

6. If you can't stand to see the pain in those eyes, then try worms. Picture a snake slithering along the ground, and that is how you have to make them look on the hook. I don't know if you have to start at the head or the hind end, or if it even matters. You will have to decide. I've studied those darn things and both ends seem to move at the same time and wiggle the same way. So you could flip a coin - heads or tails!

7. If you get sick with all of this, I would suggest you just pitch the line into the water with a naked hook, and hope you come up with a blind trout, or forget it all.

8. Better still, buy some trout or whatever kettle of fish you want on your plate, throw them on a barbeque while you relax in a lounge chair with a glass of your favourite beer. Now that I think of it, maybe that's what those wannabees were doing when Clem and I were out. Ms. Klara





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Why Oh Why??

Why do you have to 'put your two cents in'.. But it's only a 'penny for your thoughts'? Where's that extra penny going to?

Once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?

What disease did cured ham actually have?

How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?

Why is it that people say they "slept like a baby" when babies wake up like every two hours?

Why are you IN a movie, but you're ON TV?

Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?

Why is 'bra' singular and 'panties' plural?

If the professor on Gilligan's Island can make a radio out of a coconut, why can't he fix a hole in a boat?

Why does Goofy stand erect while Pluto remains on all fours? They're both DOGS.

Why do doctors leave the room while you change? They're going to see you naked anyway.

How important does a person have to be before they are considered assassinated instead of 'just' murdered?

If electricity comes from electrons, does morality come from morons?

It's Good to be A

Woman:

1. We got off the Titanic first.
2. We can scare male bosses with mysterious gynaecological disorder excuses.
3. Taxis stop for us.
4. We don't look like a frog in a blender when dancing.
5. No fashion faux pas we make could ever rival the Speedo.
6. We don't have to pass gas to amuse ourselves.
7. If we forget to shave, no one has to know.
8. We can congratulate our teammate without ever touching her rear end.
9. We never have to reach down every so often to make sure our privates are still there.
10. We have the ability to dress ourselves.
11. We can talk to the opposite sex without having to picture them naked.
12. If we marry someone twenty

years younger, we are aware that we will look like an idiot.

13. We will never regret piercing our ears.

14. There are times when chocolate really can solve all your problems.

15. We can make comments about how silly men are in their presence because they aren't listening anyway.

LADIES!!!

Remember a layer of dust protects the wood beneath it. A house becomes a home when you can write "I LOVE YOU" on the furniture. I used to spend at least 8 hours every weekend making sure things were just perfect - 'in case someone came over'. Finally I realized one day that no-one came over; they were all out living life and having fun! Now, when people visit, I don't explain the 'condition' of my home.

They are more interested in hearing about the things I've been doing while I was away living life and having fun. If you haven't figured this out yet, please heed this advice. Life is short. Enjoy it!





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Subject: Andy Rooney on women over 40

Andy Rooney's thoughts on women over forty, Do you agree with him?:

As I grow in age, I value women who are over forty most of all. Here are just a few reasons why: A woman over forty will never wake you in the middle of the night to ask, "What are you thinking?" She doesn't care what you think.

If a woman over forty doesn't want to watch the game, she doesn't sit around whining about it. She does something she wants to do. And, it's usually something more interesting.

A woman over forty knows herself well enough to be assured in who she is, what she is, what she wants and from whom. Few women past the age of forty give a hoot what you might think about her or what she's doing.

Women over forty are dignified. They seldom have a screaming match with you at the opera or in the middle of an expensive restaurant. Of course, if you deserve it, they won't hesitate to shoot you, if they think they can get away with it.

Older women are generous with praise, often undeserved. They know what it's like to be unappreciated.

A woman over forty has the self-assurance to introduce you to her women friends. A younger woman with a man will often ignore even her best friend because she doesn't trust the guy with other women.

Women over forty could care less if you're attracted to her friends because she knows her friends won't betray her.

Women get psychic as they age. You never have to confess your sins to a woman over forty. They always know.

A woman over forty looks good wearing bright red lipstick. This is not true of younger women. Once you get past a wrinkle or two, a woman over forty is far sexier than her younger counterpart.

Older women are forthright and honest. They'll tell you right off if you are a jerk, if you are acting like one! You don't ever have to wonder where you stand with her.

Yes, we praise women over forty for a multitude of reasons. Unfortunately, it's not reciprocal. For every stunning, smart, well-coiffed hot woman of forty-plus, there is a bald, paunchy relic in yellow pants making a fool of himself with some twenty-two-year-old waitress.



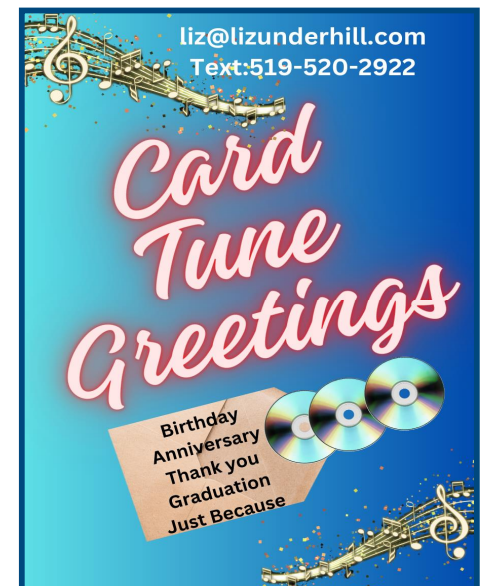
Why Sharks Circle!

Two great white sharks, swimming in the ocean, spied survivors of a sunken ship.

"Follow me, son," the father shark said to the son shark and they swam to the mass of people. "First, we swim around them a few times with just the tip of our fins showing." And, they did...

"Well done, son! Now, we swim around them a few times with all of our fins showing." And, they did...

"Now, we eat everybody."



And, they did...

When they were both gorged, the son asked, "Dad, why didn't we just eat them all at first? Why did we swim around and around them?"

His wise father replied, "Because they taste better if you scare the crap out of them first!"

Did I read that sign right?
'TOILET OUT OF ORDER. PLEASE USE
FLOOR BELOW'

Spotted in a safari park:
(I sure hope so.)
ELEPHANTS, PLEASE STAY IN YOUR CAR

Notice in health food shop
window:
CLOSED DUE TO ILLNESS...

Philosophies:

We never get what we want,
We never want what we get,
We never have what we like,
We never like what we have.
And still we live and love.
That's life...

The best kind of friends,
Are the kind you can sit on a porch
and swing with,
never say a word,
and then walk away feeling like it
was the best conversation you've
ever had.

It's true that we don't know
What we've got until it's gone,
But it's also true that we don't know
what we've been missing until it ar-
rives.

Giving someone all your love is never
an assurance that they'll love you
back!
Don't expect love in return;
Just wait for it to grow in their heart.
But if it doesn't, be content it grew in
yours.

It takes only a minute to get a crush
on someone,
An hour to like someone,
And a day to love someone.
But it takes a lifetime to forget some-
one.

Don't go for looks; they can deceive.
Don't go for wealth; even that fades
away.
Go for someone who makes you
smile, because it takes only a smile
to make a dark day seem bright.
Find the one that makes your heart
smile!

May you have:
Enough happiness to make you
sweet,
Enough trials to make you strong,
Enough sorrow to keep you human,
And enough hope to make you hap-
py.

Always put yourself in others'
shoes.
If you feel that it hurts you,
It probably hurts the other person,
too.

The happiest of people
Don't necessarily have the best of
everything;
They just make the most of every-
thing that comes along their way.

Happiness lies for:
Those who cry, those who hurt,
those who have searched, and
those who have tried,
for only they can appreciate the
importance of people who have
touched their lives.

DUST IF YOU MUST



Dust if you must
but wouldn't it be
better
To paint a picture or write a letter,
Bake cookies or a cake and
lick the spoon, or plant a seed
Ponder the difference between
want and need?

Dust if you must,
but there's not much time
With coffee to drink
and mountains to climb,
Music to hear and books to read
Friends to cherish and life to lead.

Dust if you must,
but the world's out there
With the sun in your eyes,
the wind in your hair,
A flutter of snow, a shower of rain
This day will not
come around again.

Dust if you must,
but bear in mind
Old age will come and it's not kind,
And when you go and go you must
You yourself will make more dust.

Author Unknown



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Old Farmers Advice

- Keep skunks and bankers at a distance.
- Words that soak into your ears are whispered...not yelled.
- Forgive your enemies; it messes up their heads.
- You cannot unsay a cruel word.
- Sometimes you get and sometimes you get got.

Notice in a farmer's field:
The farmer allows walkers to cross
the field for free, but the bull
charges.

Donations?

I just had a call from a charity asking me to donate some of my clothes to the starving people throughout the world. I told them to forget it! Anybody who fits into my clothes isn't starving!



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