

June 2025 Issue



Lighten Up "Chatterbox"

SOUP TA
NUTS

Beware of Who You Date

COULD THIS
BE TRUE?

God's Accuracy



Happy Fathers Day

Begin Every Day With a Smile

Lighten Up



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Letter From The Editor: Here we are in June already and soon to be Father's Day. It sure has been a cool and rainy May with a few really hot days interspersed with all the cold.

Thank you for all the well wishes from readers of Lighten Up. So glad to be back on board with our once-a-month publication. I want to again offer any Canadian Companies FREE ADVERTISING!

Lots of little goodies for you to have a laugh at from here and there. Our aim at Lighten Up is to get away from the doom and gloom of everyday life and give you some reasons to perk yourselves up. Take care..keep smiling. Liz Underhill

The Pink Dress

There was this little girl sitting by herself in the park. Everyone passed by her and never stopped to see why she looked so sad. Dressed in a worn pink dress, bare-foot and dirty, the girl just sat and watched the people go by.

She never tried to speak. She never said a word. Many people passed by her, but no one would stop.

The next day I decided to go back to the park in curiosity to see if the little girl would still be there. Yes, she was there, right in the very spot where she was yesterday, and still with the same sad look in her eyes.

Today I was to make my own move and walk over to the little girl. For as we all know, a park full of strange people is not a place for young children to play alone.

As I got closer I could see the back of the little girl's dress. It was grotesquely shaped. I figured that was the reason people just passed by and made no effort to speak to her. Deformities are a low blow to our society and, heaven forbid if you make a step toward assisting someone who is different.

As I got closer, the little girl lowered her eyes slightly to avoid my intent stare. As I approached her, I could see the shape of her back more clearly. She was grotesquely shaped in a humped-over form. I smiled to let her know it was okay; I was there to help, to talk. I sat down beside her and opened with a simple, "Hello."

The little girl acted shocked, and stammered a "hi" after a long stare into my eyes.

I smiled and she shyly smiled back. We talked until darkness fell and the park was completely empty. I asked the girl why she was so sad.

The little girl looked at me with a sad face and said, "Because, I'm different."


I immediately said, "That you are," and smiled.

The little girl acted even sadder and said, "I know."

(Contd....Page 5)

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Who Says Old Folks Are Slow?



When the husband finally died his wife put the usual death notice in the paper, but added that he died of gonorrhea.

No sooner were the papers delivered when a friend of the family phoned and complained bitterly, "You know very well that he died of diarrhea, not gonorrhea."

Replied the widow, "I nursed him night and day so of course I know he died of diarrhea, but I thought it would be better for posterity to remember him as a great lover rather than the big crapper he always was."

True Love

A funeral service is being held for a woman who has just passed away.

At the end of the service, the pall bearers are carrying the casket out when they accidentally bump into a wall, jarring the casket. They hear a faint moan. They open the casket and find that the woman is actually alive! She lives for ten more



years, and then dies. Once again, a ceremony is held, and at the end of it, the pall bearers are again carrying out the casket. As they carry the casket towards the door, the husband cries out, "Watch that wall!"

The Generation Gap!

People born before 1946 were called 'the silent generation'.

People born between 1946 and 1964 are called 'the baby boomers'.

People born between 1965 and 1979 are called 'generation X'.

And people born between 1980 and 2010 are called 'generation Y'.

Why do we call the last group Generation Y?

Y should I get a job?

Y should I leave home and find my own place?

Y should I get a car when I can borrow yours?

Y should I clean my room?

Y should I wash and iron my own clothes?

Y should I buy any food?

Editor's Note: I'm thinking this still applies in 2025?

The youngest pope was 11 years old.

The first novel ever written on a typewriter: Tom Sawyer.

"I am." is the shortest complete sentence

Q. What trivia fact about Mel Blanc (voice of Bugs Bunny) is the most ironic?

A. He was allergic to carrots.

Q. There are more collect calls on this day than any other day of the year?

A. Father's Day.



"Soup ta Nuts"

Beware of
Who You
Date

Most of you know that I am now single, but I met someone who lives quite a distance from me and had never been to his home.

He is newly on the singles scene and needed help at his place as he wasn't feeling well. He asked if I could spare some time to give him a hand. (Little did I know he almost acquired both my hands.)

I have never seen such a place! That place is a jungle - a disaster waiting to happen and it so happened to me. First of all, he needed help hanging out his clothes...not so bad until he asked if I would take them down, fold them and put them in the house. First of all he lives in his sunroom out the back and the stairs going into the house require a bungee cord to navigate from one step to the other. I tried to do it in a ladylike fashion. You gotta picture this. I took the first step, and couldn't get to the next one before I tripped...clothes went flying...I was sprawling with my head threatening to pull me and the empty clothes basket down the basement stairs. I banged my knee good and there he was behind me laughing his fool head off! He asked me if I could get up. "Wait a minute, I screamed", "I have to find my legs that I have no feeling in." Did he help me up, NO! He told me of another job he had for me to help with as soon as I could get up. He didn't even pick up the clothes and pegs scattered all over...just waiting for me to begin the next job! My mind was beginning to figure out why this man was single.

Well, he cooks everything on a wood stove both indoors and outdoors. He

acquired another wood stove for outside and needed help moving it. I pulled and pushed on boards and rollers to get this darn thing in place (he was too cheap to get a trolley). He asked if I could lift the darn thing to get it there faster! No sound came from my cursing lips as I was so favouring all the areas of my body that were crying out from that jack-knifed fall I took. Was he crazy?

He has a pickle barrel for his pool. He needed some assistance cutting an old privacy tarp off to put a new one on. He was wielding a huge knife as he slashed the old tarp to get it off. Down came the knife, and folks, if I hadn't had my brimmed hat on that would have been the end of my face as the knife grazed the brow of my hat forcing the hat down onto the sunglasses that charged into my nose leaving some skin somewhat dangling.

Would you believe he thought that was funny also! You think that was the end of it? He had an electric drill in his hand and asked if I could hold this piece of stuff so he could drill. He claimed he couldn't see very well as the drill started to break into the skin on my arm. Laugh again he did. Now I realize after all the carnage that it was me who was crazy. I was a wreck and he was laughing. As I limped to my car, with him in hot pursuit waving a list of chores still to be finished, I knew I had to take charge of things and fended him off with a steel voice by saying, "I'll call you!" Perhaps I should have stayed married. Safer? How was your week? Klara

Things I Learned From Noah's Ark

Remember the ark was built by amateurs, the Titanic by professionals.

Don't miss the boat.





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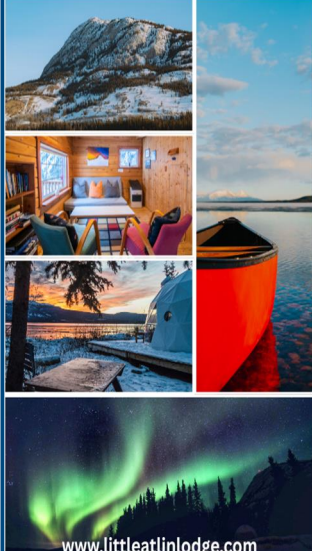


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The Pink Dress

(Continued from page 2)

"Little girl," I said, "You remind me of an angel, sweet and innocent."

She looked at me and smiled, then slowly she got to her feet and said, "Really?"

"Yes, you're like a little guardian angel sent to watch over all the people walking by."

She nodded her head yes, and smiled. With that she opened the back of her pink dress and allowed her wings to spread, then she said "I am."

"I'm your guardian angel," with a twinkle in her eye.

I was speechless – sure I was seeing things.

She said, "For once you thought of someone other than yourself. My job here is done."

I got to my feet and said, "Wait, why did no one stop to help an angel?"

She looked at me, smiled, and said, "You're the only one that could see me," and then she was gone.

And with that, my life was changed dramatically. So, when you think you're all you have, remember, your angel is always watching over you. Like the story says, we all need someone.

What do you get when you cross a snowman with a vampire? Frostbite :)

What is Dracula's favourite kind of dog? Blood Hound

What kind of key opens a casket? A skeleton key.

Observations On Getting Older



Your kids are becoming you...and you don't like them...but your grandchildren are perfect!

Going out is good. Coming home is better!

You forget names but it's okay because other people forgot they even knew you!!!

You realize you're never going to be really good at anything, especially golf.

The things you used to care to do, you no longer care to do, but you really do care that you don't care

to do them anymore.

You sleep better on a lounge chair with the TV blaring than in bed. It's called 'pre-sleep'.

You miss the days when everything worked with just an 'ON' and 'OFF' switch.

You tend to use more four letter words...'what'?...'when'?...'why'? 'where'? Yes, I know where is five. I'm allowed...I'm old.

Now that you can afford expensive jewelry, it's not safe to wear it anywhere.

You notice everything they sell in stores is 'sleeveless'?!!!

What used to be freckles are now liver spots.

Everybody Whispers.



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Walmart Greeter?

After I retired, my wife insisted that I accompany her on her trips to Walmart. Unfortunately, like most men, I found shopping boring and preferred to get in and get out. Equally unfortunate, my wife is like most women - she loves to browse.

Yesterday my dear wife received the following letter from the local Walmart. "Dear Mrs. Woolf, over the past six months, your husband has caused quite a commotion in our store. We cannot tolerate this behavior and have been forced to ban both of you from the store. Our complaints against your husband, Mr. Woolf, are listed below and are 'documented by our video surveillance cameras'."

1. June 15: He took 24 boxes of condoms and randomly put them in other people's carts when they weren't looking.

2. July 2: Set all the alarm clocks in housewares to go off at 5-minute intervals.

3. July 7: He made a trail of tomato juice on the floor leading to the women's restroom.

4. July 19: Walked up to an employee and told her in an official voice, "Code 3 in housewares. Get on it right away." This caused the employee to leave her assigned station and receive a reprimand from her supervisor that in turn resulted in management getting involved causing management to lose time and costing the company money.

5. August 4: Went to the service desk and tried to reserve a bag of chips.

6. August 14: Moved a 'CAUTION - WET FLOOR' sign to a carpeted area.

7. August 15: Set up a tent in the camping department and told the chil-



dren shoppers they could come in if they would bring pillows and blankets from the bedding department - to which twenty children obliged.

8. August 23: When a clerk asked if they could help him he began crying and screamed, "Why can't you people just leave me alone?" Emergency medics were called.

9. September 4: Looked right into the security camera and used it as a mirror while he picked his nose.

10. September 10: While handling guns in the sports department, he asked the clerk where the antidepressants were.

11. October 3: Darted around the store suspiciously while loudly humming the 'Mission Impossible' theme.

12. October 6: In the auto department, he practiced his 'Madonna look' by using different sizes of funnels.

13. October 18: Hid in a clothing rack and when people browsed through, yelled 'PICK ME! PICK ME!'

14. October 22: When an announcement came over the loud speaker, he assumed the fetal position and screamed "OH NO! IT'S THOSE VOICES AGAIN!"

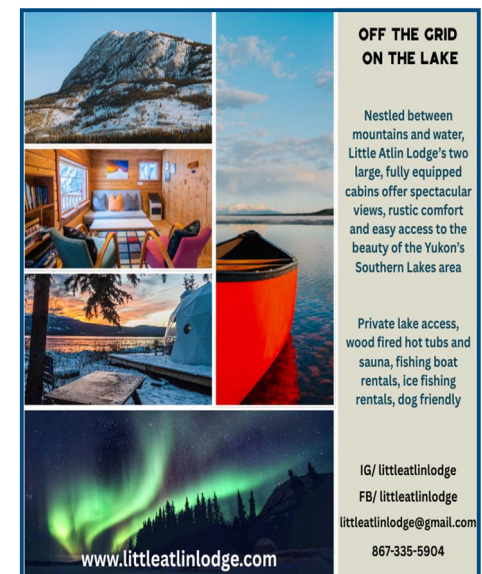
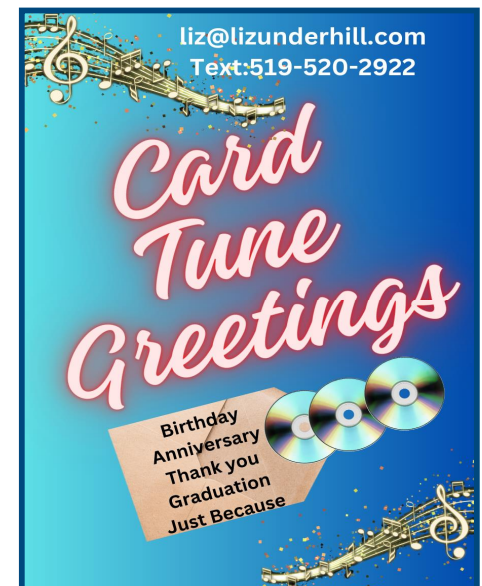
15. Took a box of condoms to the checkout clerk and asked where the fitting room was.

And last, but not least:

16. October 23: Went into a fitting room, shut the door, waited awhile, and then yelled very loudly, "Hey! there's no toilet paper in here!" One of the staff passed out.

I wonder if I'll have to go along on many more shopping trips?

Happy Father's Day



Could This Be True?

God's Accuracy

Fascinating. I've never given most of this a thought!!!! God's accuracy may be observed in the hatching of eggs.

For example: the eggs of the potato bug hatch in 7 days; those of the canary in 14 days; those of the barnyard hen in 21 days; the eggs of ducks and geese hatch in 28 days; those of the mallard in 35 days; the eggs of the parrot and the ostrich hatch in 42 days.

(Notice, they are all divisible by seven, the number of days in a week!)

God's wisdom is seen in the making of an elephant. The four legs of this great beast all bend forward in the same direction. No other quadruped is so made. God planned that this animal would have a huge body, too large to live on two legs. For this reason He gave it four fulcrums so that it can rise from the ground easily.

The horse rises from the ground on its two front legs first. A cow rises from the ground with its two hind legs first. How wise the Lord is in all His works of creation!

God's wisdom is revealed in His arrangement of sections and segments, as well as in the number of grains. Each watermelon has an even number of stripes on the rind. Each orange has an even number of segments. Each ear of corn has an even number of rows. Each stalk of wheat has an even number of grains. Every bunch of bananas has on its lowest row an even number of bananas, and each row decreases by one, so that one row has an even number and the next row an odd number. The waves of the sea roll in on shore twenty-six to the minute in all kinds of weather. All grains are found in even numbers on the stalks, and the Lord specified thirty fold, sixty fold, and a hundred fold - all even numbers.

God has caused the flowers to blossom at certain specified times during the day, so that Linnaeus, the great botanist, once said that if he had a conservatory containing the right kind of soil, moisture and temperature, he could tell the time of day or night by the flowers that were open and those that were closed!

I hope you find this as fascinating as I did. Wow!

Just before Christmas, there was an honest politician, a kind lawyer and Santa Claus travelling in an elevator of a very posh hotel. Just before the doors opened, they all noticed 10 bucks lying on the floor. Which one picked it up?

Santa, of course, the other two don't exist.

Editor's Note: I know it's no where near Christmas; however, I couldn't resist. By the time, Christmas comes around, I might have forgotten.

Fake News?

Every day more money is printed for Monopoly than the US Treasury.

It is impossible to lick your elbow.



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